

**Week  
1**

	Breakfast 8:00am	Snack	Salad Bar	Lunch	Pudding
Monday	Brown bread Toast Bananas & Milk	Apples Water and milk	Lettuce Cucumbers Tomatoes & Carrots	Tomato pasta bake with white sauce and cheese <b>V</b>	Cup Cakes
Tuesday	Choice of cereal and Apples & milk	Crackers and cheese spread	Lettuce Cucumbers Tomatoes & Carrots	Jacket potato with baked beans and cheese <b>V</b>	Flapjacks
Wednesday	Brown bread Toast Bananas & Milk	Banana Water and milk	Lettuce Cucumbers Tomatoes & Carrots	Chickpeas pilau rice with mint yogurt <b>V</b>	Angel Delight
Thursday	Choice of cereal and Apples & milk	Breadsticks and hummus Water and milk	Lettuce Cucumbers Tomatoes & Carrots	Fish Pie with mash and carrots. Vegetable Pie <b>V</b>	Yoghurt
Friday	Crumpets with butter Oranges Milk or water	Satsuma Water and milk	Lettuce Cucumbers Tomatoes & Carrots	Tomato soup with garlic bread <b>V</b>	Cookies

*"PLAY... LEARN... & GROW TOGETHER!"*





**Week  
2**

	Breakfast 8:00am	Snack	Salad Bar	Lunch	Pudding
<b>Monday</b>	Crumpets with butter Oranges Milk or water	Apples Water and milk	Lettuce, cucumbers, sweet peppers and sweetcorn	Daal curry with roti (rice for babies) <b>V</b>	Ice cream
<b>Tuesday</b>	Choice of Cereal and Fruit Milk or water	Crackers with butter or cheese spread Water and milk	Lettuce, cucumbers, sweet peppers and sweetcorn	Veg Stir fry noodles <b>V</b> with prawn crackers	Chocolate brownies
<b>Wednesday</b>	Brown Bread Toast and Apples Milk or water	Banana Water and milk	Lettuce, cucumbers, sweet peppers and sweetcorn	Fish cake, mash potato and sweetcorn or Veggie burger <b>V</b>	Iced Buns
<b>Thursday</b>	Choice of Cereal and Oranges Milk or water	Toast with a variety of spreads (jams)	Lettuce, cucumbers, sweet peppers and sweetcorn	Tomato Soup with toast <b>V</b>	Angel Delight
<b>Friday</b>	Oatmeal Cereal and Bananas Milk or water	Pears Water and milk	Lettuce, cucumbers, sweet peppers and sweetcorn	Cheese and Tomato Pizza with Potato Wedges and spaghetti hoops <b>V</b>	Flap Jack



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**Week  
3**

	Breakfast 8:00am	Snack	Salad Bar	Lunch	Pudding
<b>Monday</b>	Cereals and apples Milk or water	Bananas Water and milk	Greek Salad - feta and olives	Tomato soup with cheese toast <b>V</b>	Chocolate rice crispies
<b>Tuesday</b>	Cereals and apples Milk or water	Cucumber Sandwiches Water and milk	Greek Salad - feta and olives	Vegetable Lasagne <b>V</b>	Angel Delight
<b>Wednesday</b>	Weetabix and bananas Milk or water	Apples Water and milk	Greek Salad - feta and olives	Bean Burritos <b>V</b>	Jelly and whipped cream
<b>Thursday</b>	Crumpets with butter Oranges Milk or water	Crackers with butter or cheese spread Water and milk	Greek Salad - feta and olives	Kitchri and Kari (yellow rice and curry) <b>V</b>	Flapjack
<b>Friday</b>	Weetabix and toast bananas milk or water	Oranges and Raisins Water and milk	Greek Salad - feta and olives	Fish Fingers and Chips and peas or Vegetable Fingers <b>V</b>	Ice Lollies



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